South Central Indiana School Trust

2024-25 Wellness Incentive: Annual Physical Exam

Guidelines

- 1. Employees and spouses enrolled in the SCIST group health plan are eligible for the 2024-2025 Wellness Incentive.
- 2. For employees and spouses that complete an Annual Physical Exam for 2024-2025 plan year, he/she will receive a \$150 incentive payment from the school corporation based on the schedule below:
- 3. Employee must be actively employed at the time of distribution for employee and spouse to be eligible for incentive.

Annual Physicals Date of Service	Submitted to Benefits Dept. By	Paid By
11/1/24 – 4/30/25	5/12/25	5/30/25
5/01/25 – 10/31/25	11/10/25	11/29/25

- 4. As required by law, taxes will be withheld from the incentive payment.
- 5. Employees and spouses can earn the 2024-2025 Wellness Incentive between November 1, 2024 October 31, 2025.
- 6. For employees and spouses completing their Annual Physical Exam, they must have this form signed by a medical doctor. Employees must submit completed forms to their Human Resources Department.

Employee/Spouse Information	
Employee/Spouse Name	Date
Email Address	Phone Number
Annual Physical Exam Information	
Physician Name	Telephone Number
Physician Group (if applicable)	Date of Exam
Signature of Primary Care Physician	Date
Benefits Department Use Only:	
Received by and date:	